



Te Hau Āwhiowhio ō Otangarei Trust

Pānui

SEPTEMBER 2021



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Te Hau Āwhiowhio ō Otangarei Trust Panui | H1, 2020

Tenei te mihi atu ki ā koutou ngā hāpori o Otangarei. Ngā mihi ki ā koe me tō whānau.

What a year we have all had! It started at breakneck speed - and definitely has not stopped since.

Kaimahi return to work

Term one was spent with kaimahi returning to work after too short a break and getting straight into training and development. Learning about supports available and how to provide them is a constant up-skilling. We rely on kaimahi to work with whānau and our wider communities, and it is their attention and application that produces productive outcomes. By being up to date and current in their knowledge, our goal of enabling whānau to move at their own pace and make supported choices is possible.

Resilience in the face of housing issues

Housing is always a major issue, but especially this year. Large numbers of whānau require info and support around tenancy terminations and the immediate need to find a home. There are, in practical terms, essentially no homes available and absolutely none at a rate affordable to the whānau we assist.

The rental housing market's current pricing is causing a domino effect of problems, from housing through to mental, social, and health issues. However, it is always positive to see whānau continuing to show resilience in the face of this insurmountable problem and we will continue to support them as much as we can under these very stressful conditions.

Oscar Holiday Programme

On a more positive note, our Oscar holiday programme was well supported with a variety of activities and events full of fun and laughter. Many of our kaimahi insisted on getting involved showing we can all call on our inner child and enjoy the simple things in life. We acknowledge and thank them for their commitment and empathy for the tamariki.

Rakau Rangatira Programme

Sharing time with our community is very special when participating in workshops and our Rakau rangatira programme is a humbling experience for kaimahi.

Spending time with each other, sharing whānaungatanga and stories, laughter and korero is an important part of the learning and education that takes place. As always, a mean as kai cooked by the whānau as part of their workshop is a happy and enjoyable bonding time for the group.

Hauora serving Otangarei and the wider community

Our Hauora do amazing mahi caring for our registered population. The team have the responsibility of over 2000 patients - so if they take a little longer getting to you, please know that no one will go forgotten and everyone is doing their best to soldier on with a friendly smile and open heart.

As a community, we are certainly blessed to have access to the healthcare we do right in our backyard. There are many around Aotearoa that are not so fortunate, things can always be worse - and for many in 2021 - it is worse. Let us be thankful for each other and what we have, as the health of the community is especially important to our elders and chronically unwell whānau for who we all share responsibility to protect.

Living in a post-Covid world and beyond

To sum up, let me say this - whānau, we live in a post-Covid world now. That is a fact that will never be deleted, there is no 'back to normal'. Every goal post is shifted, everyone is tired, everyone is uncertain. But so too were our ancestors when they experienced their first eruption, their first cyclone. New experiences require new learning, and as a community our challenge is to adapt, overcome - and survive.

This is just a new kind of storm that we haven't experienced before, and like all storms - it will pass. But the world has changed because of it, and now is the time to take the opportunity to change and grow.

Educate yourself, learn, evolve - don't get sucked in to gossip and Chinese whispers. Use your time wisely and be productive, don't fall into the trap of being angry with things you cannot control.

Focus on your mental and physical health and build relationships, don't tear them down. Speak with your GP and Health practitioners, make informed decisions. Shouting at the storm changes nothing - wrap yourself in the warm cloak of community, the people you care about, and sail through it. We might be getting wet, but just getting wet doesn't mean you are drowning. If we all stay on the boat and row together, we will get through to the other side, and see what this new world holds for us all.

Nga Mihi Nui,



Martin Kaipo, CEO



Our Covid Clinic team

Tai Tokerau Covid-19 Vaccine Roll-Out

Our COVID clinics have been a huge success so far. Since opening our doors on the 16th of June we have been vaccinating on average 60 vaccinations per clinic.

We celebrate those in Otangarei who have been vaccinated so far. When you get vaccinated you're not just protecting yourself. You're also doing your bit by reducing the risk to your whānau.

As one whānau member said when asked why he was getting vaccinated; "I am doing it for my moko, I am doing it to keep him safe."

These clinics are available to all whānau 12 and older whether you live in the community or not! If you are interested in being vaccinated please call our Free calling line on 0800 888 497.

Covid-19 Information Evening

To make sure that our whānau were well informed of the vaccination and its effects we also held a community information evening.

For More Information

For more information on the COVID19 vaccination please visit our website: www.otangarei.org/covid-19-otangarei.



Above: Margaret Hand (Nurse Practitioner) and Martin Kaipo (CEO) receiving their Covid-19 vaccinations.

Local Covid Vaccinations

Otangarei Bookings Available Now

Every Thursday 9.30am-2.30pm

City Rugby Union Football Club
10 Matai Street, Otangarei

CALL FREE 0800 888 497
Call between 9am - 3pm, Monday to Friday



“The sun is shining, the weather is sweet!” Awesome to arrive and see the sun shining brightly. Tamariki were excited to know they will be off on an adventure for the day.

Our morning contained activities such as art work, movies and a few games of “Red light, Green light” and board games. Time went by very quickly after a fun morning. By the time we had finished, it was lunchtime.

We made up some sandwiches with eggs and also some chicken buns. Our pukus were very full, yet very satisfied! KAI REKA!

After resting for a bit, we jumped into the vans and off we went on our adventure. We walked from Whareora, through Kauri Falls to where we reached our beautiful destination “Whangarei Falls.”

We learned a lot on our journey from Juane. He stopped at a few places on our way to the falls and shared interesting information and stories about the trees planted around the surrounded area in honour of Christchurch. It was a great learning experience. By the end of the tour, we were all tired but happy!

Upon our return to the clubrooms, we put our feet up and watched coco, before parting ways for the day with our parents.

RA ATAAHUA!



Rakau Rangatira - supporting members to get well, stay well and be well!

Our Rakau Rangatira members have been hard at mahi this year covering off a range of life skills from how to set up a fishing line to money management.

Our Rakau Rangatira workshops are open to all whānau who are interested in joining an educational but fun social group.

We have a workshop every term, every Wednesday. One of the themes this year was ‘Matariki’ Members learned what Matariki was about, the Maramataka and Poroporoaki.

The purpose of our workshops are for whānau to have engagement and interaction with others in their community.

If you would like more information on our Rakau Rangatira Workshops please free-phone our main office on 0800 120 912.



Looking for Mahi?

Our Rakau Rangatira team have Employment Specialists who can support whānau into work.

Contact our Main office on 0800120912 for more information.



Whānau Ora Change Management Hui

Te Hau Awhiowhio management staff came together to discuss the Whānau Ora Model with our friends from Ngāti Hine Health Trust.

We soaked up so much knowledge from the day - many thanks to Ngāti Hine for sharing their insights with us so that we can implement the model even better within our own organisation.

Nga mihi ki a:

- Jonette Chapman, TTTWOC CI Project Manager
- Rangī Tawhiao, TTTWOC Change & Development Lead
- Val Joyce, NHHT Kaiarahi
- Quila Wilson, NHHT NTW Kaiarahi



Whānau Direct

Whānau Direct is a short, sharp investment to assist and support whānau.

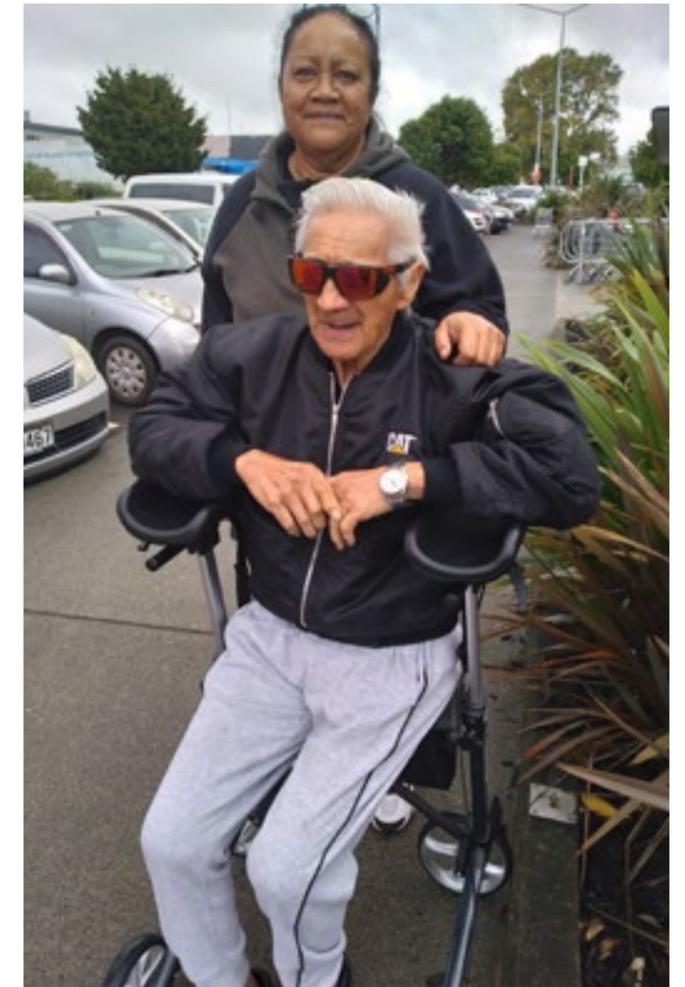
Matua Reihana had become hunched with his Zimmer Frame so he was supplied with a Cutler Frame to help him to stand upright again.

We were also able to have a grab rail for him to use in the bathroom.

His daughter was so happy with the frame and Matua wasted no time to in utilizing it.

Overall the whānau was delighted with our engagement.

“Thank you so much to everyone who made it happen.”



NEW Hauora After Hours Clinic

Can't make it to our clinic during the day because of mahi?*

We're now offering an after hours clinic for whānau to attend their appointments outside of work hours!

Every Wednesday

4:30pm - 6:30pm

Bookings Essential

Free phone 0800 120 916

** These appointments are for our whānau who cannot attend our normal clinic hours due to work & study commitments.*

